



## COVID-19 Public Health

### GUIDANCE FOR TRAVEL OUTSIDE OF ILLINOIS AND QUARANTINE

Issued: July 17, 2020

Effective: July 17, 2020

Expiration: Entry of Suburban Cook County  
into Phase 5 of the Restore Illinois Plan

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Village of Oak Park

Pursuant to Village of Oak Park (“Village”) Resolution 20-120 dated March 13, 2020, the Oak Park Village Board declared an emergency affecting the public health due to the outbreak of the COVID-19 disease pursuant to Section 8-10-5 of the Illinois Municipal Code, 65 ILCS 5/8-10-5, and Sections 2-6-10, 2-27-9 and 20-1-6(Z) of the Oak Park Village Code through April 6, 2020. Said emergency was first extended through May 5, 2020 by Village Resolution 20-124 and later extended through June 1, 2020 by Village Resolution 20-128 dated April 27, 2020. Pursuant to these resolutions and Section 20-1-6(AB) of the Oak Park Village Code, which was adopted by the Village Board on May 28, 2020 by Ordinance 20-041, the Village’s Public Health Director has the authority to make “reasonable rules, regulations and orders . . . as may from time to time be deemed necessary for the preservation and improvement of the public health and for the suppression of disease” through November 15, 2020.

### GUIDANCE

1. In response to increased and high rates of COVID-19 transmission in certain states within the United States, and to add to the Village’s efforts to contain the spread of COVID-19, the Oak Park Public Health Department is collaborating with the Cook County Department of Public Health in issuing this Guidance to recommend that travelers entering or returning to Oak Park from states experiencing a surge in new COVID-19 cases self-quarantine for a period of 14 days. This Guidance applies to states that have a case rate greater than 15 new COVID-19 cases per 100,000 resident population, per day, over a 7-day rolling average.
2. For purposes of this Guidance “essential workers” are not subject to the recommended self-quarantine if an essential worker’s travel is for work purposes under the following circumstances:
  - a. If a non-resident of Oak Park, is traveling from a designated state to Oak Park for the primary purpose of carrying out their primary work in Oak Park, and who needs to be physically present in Oak Park in order to carry out that primary work, with identification issued by their employer; or
  - b. If a resident of Oak Park, is returning from a designated state, and was in the designated state for the primary purpose of carrying out their primary work in that state,

and who needed to be physically present in that state in order to carry out that primary work, with identification issued by their employer.

An essential worker whose travel is for non-work purposes is subject to the recommended self-quarantine and is not covered by this exception. An “essential worker” is a person who works in critical infrastructure as designated by the United States Department of Homeland Security’s Cybersecurity and Infrastructure Security Agency. “Essential worker” includes any state, local, and federal officials and employees traveling in their official capacities on government business, including military service.

3. Essential workers traveling for work purposes are encouraged to comply with the following:
  - a. Essential workers should avoid any non-essential interactions until the quarantine period has ended. They should limit their activities to work-related activities and functions and avoid public spaces as much as possible;
  - b. Essential workers should monitor temperature and signs of symptoms, wear a face covering when in public, maintain social distance, and clean and disinfect workspaces; and
  - c. Essential workers are encouraged, to the extent possible, to avoid extended periods in public, contact with strangers, and large congregate settings.
4. Travel for medical care and parental shared custody are also exempt from this Guidance. There may also be additional reasonable exemptions based upon an organization’s or business’ testing and other control policies or in extraordinary circumstances which would warrant an exemption from the recommended quarantine, subject to the terms and conditions applied to essential workers or terms and conditions otherwise recommended by the Village’s Public Health Director in the interest of public health.
5. The list of “High Incidence States” applicable to this Guidance will be posted on the Cook County Department of Public Health website every Tuesday afternoon at <http://www.cookcountypublichealth.org>. For general questions about COVID-19 and Illinois’ response and Guidance, please call the Illinois Department of Public Health at 1-800-889-3931 or email [DPH.SICK@ILLINOIS.GOV](mailto:DPH.SICK@ILLINOIS.GOV). Further information can be found at the following web links:

- [Village of Oak Park COVID-19 Resources](#)
- [Centers for Disease Control and Prevention](#)
- [Illinois Department of Public Health](#)

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