



2016 Public Health Fitzsimmons Award Winners

Each year, as part of Public Health Week, the Oak Park Department of Public Health and Board of Health solicit nominations for the annual Fitzsimmons Award, honoring those individuals or organizations who have worked to improve the health of the community. The 2016 Fitzsimmons Awards for exceptional contributions to the health of Oak Park were given to the following:

- **Ryan Bradley**, who has helped reduce the amount of nitrogen oxide emitted by diesel engines in construction and agriculture equipment used by his employer, Case New Holland. The vehicles Bradley, an Oak Park resident, has helped put into production emit just 7 percent of the nitrogen oxide emissions compared to vehicles made 12 years ago.
- **Lively Athletics**, a fitness and lifestyle apparel store for women owned by Oak Park natives Anne Pezalla and Kate Pezalla Martin. In addition to hosting workshops for girls and women of all fitness levels, Lively Athletics helps support several causes and donates running shoes to children in need.
- **Oak Park River Forest Infant Welfare Society**, an important provider of medical, dental and behavioral services for low-income children from Oak Park and the surrounding area. Celebrating its 100th anniversary in 2016, the IWS is made up of Chicago-area women who support the non-profit charitable organization's mission of providing all children with access to quality health care.
- **Enso Oak Park**, a martial arts school owned by Oak Park residents Denise and Jay Nacu. In addition to teaching the art of Shotokan karate, Enso Oak Park also supports a strong sense of community and respect for others while promoting the physical fitness and emotional health of Oak Parkers young and old.
- **Rachel Moore**, who served as a crossing guard at Oak Park and Chicago avenues for more than a decade before passing away in 2015. Ms. Rachel as she was known throughout neighborhood is fondly remembered for cheerfully manning her post and watching over school children as if they were her own.
- **Shawnash Institute**, a non-profit charitable organization that focuses on providing regular access to fresh produce for economically-stressed community members. With board members Warren Bakker and John Owens leading the way, the Shawnash Institute supports the Oak Park Farmers' Market's Double Value Coupon Program, which allows customers who qualify for SNAP benefits – commonly known as food stamps – to double the value of their purchase of fruits and vegetables up to \$20.

Johnson Awards

The Oak Park Board of Health and Department of Public Health annually present the Johnson's Restaurant Award to Oak Park restaurants that excel in food service sanitation. Recognized for their high level of food sanitation in 2016 were given to the following:

- Boss Burrito, 1110 Westgate St.
- King & I, 105 N. Marion St.
- Sagano Sushi, 731 Lake St.
- Jerusalem Café, 1030 Lake St.
- Buzz Café, 905 S. Lombard Ave.
- Penny's Noodle Shop, 1130 Chicago Ave.
- Michael's Beef House, 6747 North Ave.
- Munch, 104 N. Marion St
- Cucina Paradiso, 814 North Blvd.
- Wendy's, 11 Harlem Ave.

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