



## Plastic Free July Pledge

I \_\_\_\_\_ pledge to do my best to choose things other than single-use plastic to sip, slurp, eat, munch or drink during July, 2019.

I will ...

- Bring my own reusable items such as straws, utensils, to-go containers, cups that are not plastic or Styrofoam for hot and cold drinks, and reusable shopping bags.
- Not ask businesses or restaurants for alternatives to single-use plastics, such as paper or compostable straws, napkins, plates or containers.
- Say, “No, thank you,” to any plastic item if there are no alternatives.
- Pick up single-use plastic items I see in my neighborhood and put them in the trash bin.

This pledge will help the community eliminate trash, improve the drinking water and health of all living things in the Great Lakes – and ultimately in our oceans – and help the environment.

Learn more at [www.oak-park.us/plasticfreejuly](http://www.oak-park.us/plasticfreejuly)